

Blacksburg Parks and Recreation



Town of Blacksburg

A newsletter for Blacksburg Active Adult Programs, 725 Patrick Henry Dr. Call Joy Herbert, Senior Programs Supervisor to be placed on the mailing list. 540-443-1142 or jherbert@blacksburg.gov
Winter/Spring 2018

A Listing of Trips, Classes and Special Events

For information on health and fitness opportunities contact Joy at 540-443-1142 or check out our website at www.blacksburg.gov/recreation.

In the event of inclement weather, please call the community center at 961-1149.

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Town of Blacksburg's Senior Center Endowment Fund

Thanks to generous donations, the Town of Blacksburg's Senior Center Endowment Fund is once again fully endowed. The idea to establish the fund was initiated by the late Connie Anderson, and her leadership and generosity helped to make this project successful. The fund is an Agency Grant specific for the Blacksburg Senior Center, and as the fund grows in the future, the annual disbursement amount from the fund will also grow and be used exclusively for Senior Center needs. The fund is managed by the Community Foundation of the New River Valley. All donations are tax deductible and can be sent to The Community Foundation of the New River, PO Box 6009, Christiansburg, VA 24068-6009. Designated fund is the Town of Blacksburg-Senior Center Endowment Fund.

Registration Procedures

HOW IT WORKS

All Registration:

Walk-in, Phone-in, Mail-in, On-line
and Fax-in)

Will begin Tuesday, Jan 9, 2018

Starting at 9AM

In all three locations

The Community Center (725 Patrick Henry Dr.)

443-1140, fax 961-1897

Aquatic Center (625 Patrick Henry Dr.)

443-1123

Parks & Recreation Office (615 Patrick Henry
Dr.) 443-1100, fax 951-8313.

Online Registration is available.

Sign up for and view programs at

<https://recreation.blacksburg.gov>. In order to use our website you need a username and password, which is your household number. You can find this number at the top of any of your receipts or simply give us a call. First time customers will need to stop by one of our facilities to be entered into our computer system. On line also begins 9AM

- A credit card is required to process all phoned-in, On-Line and faxed-in registrations. Master Card and Visa are accepted.
- All classes and trips are on a first come, first serve basis.
- Programs are designed for seniors ages 50 and above. However, all ages are welcome to participate.
- You may use our mail-in registration form which is located on Page 16. However, mailing in your registration does not guarantee you a spot. Mail in forms are processed the day that registration begins and are added to the roster if space is available.
- **You may register one person in addition to yourself when registering in person.**

Refunds

- Refund requests must be made 7 days prior to the start of a program or rental unless indicated differently with program listing.
- Less than 7 day notice of a cancellation will result in NO REFUND being given unless a substitute can be found.
- Cancellation prior to the 7 days:

When you pay by cash or by check - Refunds can only be made by requesting a Town Check be cut and will require a \$25 service charge be subtracted from the refund amount or the full amount may be credited to your Household account.

When you pay by Credit Card—a full refund can be placed back on your card or credited to you household account. No refunds will be given if the program required a non-refundable charge.

Trips

For Those with Special Needs

The Senior Center has a wheelchair accessible bus with room to carry walkers, canes or similar assistive devices. However, staff is unable to personally assist individuals beyond loading and unloading the vehicle. Therefore, we require a caretaker or aide to accompany participants with special needs such as significant hearing or vision impairments or mental disabilities, who require personal assistance during the operation of the bus or Senior Center programs.

Important Trip information

- Boarding of the bus begins 20 minutes prior to departure unless specified otherwise.
- We ask that you arrive at least 20 minutes prior to departure.
- Seating is on a first come first serve basis. However, staff may reserve front seats for those with physical limitations.
- Staff will supervise loading of the bus. Front seats are in high demand. Therefore, if you are traveling alone, be prepared to share that front seat with another passenger.
- We ask that you utilize the overhead bins for personal belongings.
- Saving of seats is not permitted. However, if you are traveling with someone, it is allowed to save the one seat next to you.
- Your comfort is important to us. However, it is difficult to find the perfect temperature for everyone. We suggest that you dress in layers.

Dutch Pantry (223600-4E)

Mennonite owned and operated. While they prepare lunch for us, shop bulk foods, pottery and gifts, primitive décor, hard to find house wares and much more.

When W Feb 14

Itinerary Depart center at 10am (please check in at least 20 minutes prior to departure) and return by 2:30pm.

Cost \$9R/\$18NR. Fee includes transportation only. Lunch extra

Registration begins January 9.

New

Education Destinations

Join us for interesting and informative guided tours. Depending on location, a lunch stop may be included. Please check in at least 20 minutes prior to departure.

223600-T2	W Feb 7	VT Weather Station	9:45am-11:30am	\$2/4
223600-J1	W March 28	WDBJ-7 Tour	9am-3pm	\$9/18, lunch extra at The Roanoker. Also includes stop at fresh market
223600-J2	W Apr 11	WDBJ-7 Tour	9am-3pm	

Mystery Dine Outs

Indulge in some culinary experiences and surprises. It's amazing, the variety of flavors that surround us. We promise no fast food or large chain restaurants, only popular and unique destinations in a casual atmosphere.

Registration begins Jan 9

223600-4C	W Feb 21	Please check in at least 20 minutes prior to departure.	10am-1:30am	\$7/14 for each trip. meal extra
223600-4D	W Mar 21		10am-1:30pm	
223600-M2	Th Apr 19		10:15am-2pm	
223600-M3	W Jun 13		10am-2:30p	

“Smokey Joe’s Cafe” Wohlfart haus Dinner Theater (223600-3B)

The longest running Broadway musical revue in history returns to our stage. Legendary songwriters Jerry Lieber & Mike Stoller feature their greatest hits of the 50’s & 60’s that pay tribute to rhythm & blues and rock n roll in hits like “On Broadway”, “Houndog”, “Love Potions #9” and “Jailhouse Rock.”

When Th Apr 26

Itinerary Depart center at 11am (please check in at least 20 minutes prior to departure) with return estimated by 6pm

Cost \$46/56NR includes transportation, performance and meal

Registration begins Jan 9

2018 Barter Theater Performances

Plans are in the making to enjoy the following Performances at Barter Main Stage and Stage II. Dates to be announced by registration and in upcoming newsletters.

Sister Act	Main Stage	Jun-Aug
Steel Magnolia’s	Main Stage	Jun-Aug
Madam Buttermilk	Stage II	Jun-Aug
Singin’ in the Rain	Main Stage	Jun-Aug
Elf: The Musical	Main Stage	Nov-Dec

Mystery Wine Out (223600-1C)

Join us as we travel to a mystery winery location for a tasting. Trip will also include a lunch stop but that too is a mystery! Space is limited.

When W May 16

Itinerary Depart center at 10am (please check at least 20 minutes prior to departure) with return estimated by 2pm

Cost \$29R/39NR includes transportation, tasting and Lunch!

Registration begins Jan 9

New

Mystery Main Streets (223600-4B)

We love the charm of small towns and the excitement of a mystery trip. We will combine these interests for a day where you can explore on your own the eclectic shops and galleries and enjoy foods from local eateries. Discover what makes them so special!

When Th May 24

Itinerary Depart center at 9am (please check in no later than 20 minutes prior to departure). Return to the center estimated by 5pm.

Cost \$12R/24NR. Fee includes transportation only.

Registration begins Jan 9

“Smoke on the Mountain” Wohlfart haus Dinner Theater (223600-A1)

It's Saturday night in Mount Pleasant, NC & Reverend Oglethorpe has invited the Sanders family to provide an uplifting evening of singin' & witnessin'. The audience is invited to pull up a pew & join the congregation for a rollicking good time. More than 2 dozen gospel song's & hilarious stories from each of the Sander's family members provide a richly entertaining day that is sure to be remembered.

When Th Mar 1

Itinerary Depart center at 11am (please check in no later than 20 minutes prior to departure) with return estimated by 6pm

Cost \$46/56NR includes transportation, performance and meal

Registration begins Jan 9

Day in Stuarts Draft - (223600-2D)

Let's spend a leisurely but full day at some Mennonite Specialty stores and others. Stops include the Cheese Shop, the impressive Milmont Greenhouses, Little Debbie outlet, the Antique Mall and Miller's Bake Shoppe.

When Th May 10

Itinerary Depart center at 8:30am (please check in no later than 20 minutes prior to departure). Return estimated by 6:30pm.

Cost \$16R/\$26NR. Fee includes transportation only.

Registration begins Jan 9

“Wizard of Oz” Wohlfart haus Dinner Theater (223600-3C)

Follow the Yellow Brick Road to see the classic movie version of this beloved tale brought to life. Don't miss this family-friendly adventure loved by all ages!

When Th Jun 7

Itinerary Depart center at 11am (please check in at least 20 minutes prior to departure) with return estimated by 6pm

Cost \$46/56NR includes transportation, performance and meal

Registration begins Jan 9

New Flying Flowers and a Mansion (223600-5B)

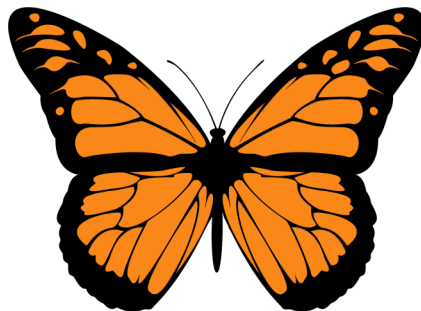
Nestled in the country side of Wytheville is Beagle Ridge Herb Farm and Butterfly Gardens. Enjoy lunch with a presentation on how butterflies come to be, followed by a tour of the butterfly garden. Afterwards, we'll enjoy a tour and refreshments at Trinkle Mansion, listed on the National Register of Historic Places, now an elegant bed and breakfast.

When W Jun 20

Itinerary Depart center at 9am (please check in no at least 20 minutes prior to departure). Return estimated by 4:30pm.

Cost \$35R/\$45NR. Fee includes transportation, guided tours, lunch with choice of Chicken salad or 3 cheese croissant, and refreshments at the mansion.

Registration begins Jan 9



Special Events

New

Love Songs For Valentine's Day (223000-DV)

Get into the Valentine's Day Spirit with Singer/Songwriter and recording artist Leslie Brooks. She will entertain you with your favorites from the 30's and 40's and some of her original works. Refreshments served.

When Tu Feb 13
Time 1pm
Cost Free but registration required
Registration begins Jan 9

New

Love in the Mountains (223000-2F)

Let's travel to Meadowbrook Community Center to join Tim Thornton, Appalachian literature instructor. Learn a bit about legends and folklore of love that inspired ballads and songs in the Appalachian Mountains. He will entertain us on the dulcimer with songs of love, courtship, marriage and their complications. Bring a favorite confection to share.

When M Feb 12
Itinerary Bus departs center 12:30pm (please check in at least 15 minutes prior to departure) with return by 3pm.
Cost \$1
Registration begins Jan 9 and ends Feb 6

St. Patricks Day Celebration (223000-3D)

Let's travel to Christiansburg Recreation center for a fun event. Come dressed in green and join us as we celebrate St. Patrick's Day with food and bingo. Bring \$1 in quarters for bingo prizes

When F Mar 16
Itinerary Bus departs center at 10:30am (check in no later than 10:15am) and returns by 1pm.
Cost \$5
Registration begins Jan 9 and ends Mar 13.

Educational Programs

New Lunch and Learn - Music Therapy (223000-1F)

Come and experience an interactive music therapy session and learn how music can help prevent depression. Music can give you more tools than you can imagine, so don't miss out on an opportunity to learn and be entertained! Program presented by Sekyung Jang from Radford University.

When Tu Jan 23

Time 12pm

Cost Free but registration is required. Lunch Provided

Registration begins Jan 9.

New Lunch and Learn: SGT. Phillip Townley, Community Services Unit (223000-1B)

We will travel to Christiansburg Recreation Center and learn to communicate with 911 dispatch and what happens during that 911 call. Discussion will then turn to personal awareness and safety—both at home and while folks are out.

When Tu Mar 27

Itinerary Bus departs center 10:30pm (check in no later than 10:15am) and Returns by 1pm.

Cost \$1

Registration begins Jan 9 and ends Mar 20

Computer, Smartphone, Tablet Help Sessions

Volunteers from "Computer Science Community Service" at Virginia Tech will be sharing their skills with the community. Bring questions and suggestions for material you would like them to present. Individual help sessions also available.

When Day and time will be arranged once the VA Tech winter/spring term has begun.

Cost Free

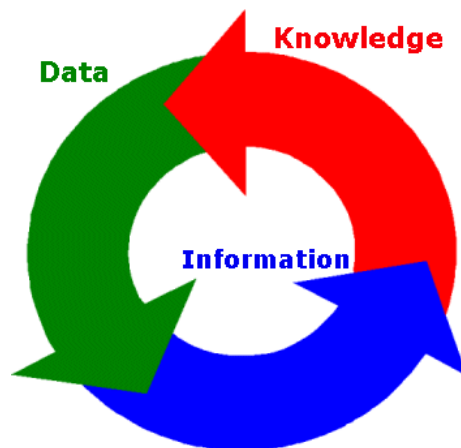
Where Blacksburg Community Center Computer Lab.

New

Information Station

Join us for an informative presentation on important topics of interest to you or those you know. Programs are free but registration is required. Programs are held at the Blacksburg Community Center.

Activity #	Date	Topic/ Presenter	Time	Presenter
223400-A1	Tu Feb 20	“Aging in Place: What it takes to stay in your home as long as possible”	1pm	Valerie Whitsett of Amedisys
223400-A3	Tu Mar 6	“Health in your 60’s and beyond. Learn what health screenings and vaccinations you need to stay happy and healthy”	1pm	Rebecca Spaid, Home Care Specialist from Care Advantage.
223400-A2	Tu Mar 20	“Joint Replacement, What You Can Expect”	1pm	Brenda Miller, Physical Therapist from Core Physical Therapy.



Classes

Creative Writing (223303-03)

For budding and experienced writers. Learn various approaches to writing in different genres and discover techniques others have used. Student's will share knowledge, read and give feedback with instructor's guidance.

When Th Mar 8– Apr 26

Time 6:15-8:15pm

Cost \$65/\$75

Registration begins Jan 9



Art Lover's Club (223201-A3)

Join fellow artists or would-be artists for a weekly opportunity to lean and share painting/drawing skills. 4 times this session, artist Betty Moore, will lead the class and provide instruction, critique and future projects.

When Tu Jan 16-May 16

Cost \$40/50

Time 9:30-11:30am

Where Blacksburg Community Center Art Room.

Registration begins Jan 9



Card Making (223201-A1)

Learn to make your own greeting cards, a fun and enjoyable hobby. No artistic talent required. You will be amazed at how beautiful your cards will turn out and how surprised the recipients will be to learn that you made them. All Materials and supplies will be provided along with instructions in this hands-on-class. At each class, participants will create 3 different eye-catching cards.

Instructor is Melissa Matusevich.

When Th Jan 11-Feb 22 (No class Feb 1)

Cost \$60/70

Time 10-11:30am

Where Blacksburg Community Center Art Room.

Shakespeare with Don Rude (223301-A1) “Troilus and Cressida”

In *Troilus and Cressida*, Shakespeare turns his attention to the Trojan War and views the heroes of *The Iliad* with a jaundiced eye in a play that defies easy classification. Is it a comedy, a tragedy, or a bitter Satire on love and war? Shakespeare retells the story of a pair of star-crossed lovers whose tale was known to Jacobean audiences through Chaucer’s presentation of the story in his *Troilus and Cressida*, which has been called the first novel in English. The glimpses he gives us behind the walls of Troy or into the camps of the Greeks are never less than fascinating. We meet Cressida who gave her name to unfaithful women. Her uncle, Pandarus, from which we derive the word “pandering”. Crafty Ulysses and petulant Achilles. All are treated in a way that surprises us.

When Tu Feb 6-Mar 15
Time 1-3 pm
Where Blacksburg Community Center
Cost \$5/10
Registration begins Jan 9



Ongoing Programs

- **Bridge and Mahjongg**

A room is reserved for any group(s) to play weekly. For Duplicate Bridge, contact Richard Huber at 304-466-0341 or richard55fla@yahoo.com

Sanctioned Duplicate ACBL Game

M,W,F 12:30pm Fee - Donation

Party Bridge

Tu, W, F 1pm Free

Mah Jongg

W 1pm Free

- **Book Club**

The next best thing to reading a great book is talking about it with friends. No registration required and program is free. Group meets the second Thursday of each month.

- **Knitters Group**

Bring a project and learn from others or share skills. This informal group meets for socialization while knitting. Other varieties of needle work are welcome. Group meets Mondays at Wednesdays 10am-noon.

- **Writers Club**

Join fellow writers of would-be writers for opportunities to share and talk about personal writing: essays, memoirs, poetry, stories, plays, letters, or a chapter from your great American novel. Readings are purely voluntary. Group meets the first Friday of each month at 2pm. Program is free.

- **Spunsters**

Join us as we spin fiber into yarn to use in projects like knitting and weaving. Anyone interested in fiber arts is welcome as we learn and Share. Group meets the 1st, 3rd, 4th, and 5th Thursday of each week from 1-4pm. There is also a group that meets the second Wednesday evening of each month at 7pm. Program is free.

- **Line Dancing**

It's fun and great exercise. Line Dance to a variety of music (50's to current). No partner needed. Every Thursday at 1:30pm. Beginners are encouraged to come at 1pm. Pay instructor \$5/class.

Mail In Registration Form

Please Print Clearly

Mail to: Joy Herbert, Parks and Recreation, 725 Patrick Henry Dr, Blacksburg, VA 24060

1st Primary Name(First) _____ (MI) _____ (Last) _____

Date of Birth: _____ (ex: 1/20/04)

Address: _____ City/

St _____ Zip _____

Resident _____ Non-Resident _____ E-

Mail _____

2nd Primary Name: (First) _____ (MI) _____ (Last) _____

Date of Birth: _____ (ex: 1/20/04)

Address: _____ City/St _____ Zip _____

Resident _____ Non-Resident _____ E-

mail _____

Emergency Contact

Name: _____ Phone: _____

Activity Number (ex: 223600-A1) 1) _____ 2) _____ 3) _____ 4) _____

Payment: \$ _____

(check one) _____ Check _____ MasterCard/Visa # _____ Exp _____

Assumption of Risk in Connection with Participation in Recreational Activity

1. In Consideration of the acceptance of my application for entry in the above event or class, I hereby waive, release and discharge any and all claims for damages for death, personal injury of property damage which I may have as a result of my participation. This release is intended to discharge in advance the Town of Blacksburg and its agents and employees from and against any and all liability arising out of or connected in any way with my participation in said event or class, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.
2. I understand that serious accidents occasionally occur during recreational activities, sports, outdoor activities, or fitness activities, and that participants occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of the particular activity for which I have registered, I hereby agree to assume those risks and to release and hold harmless all the personas or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.
3. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.
4. I give the Town of Blacksburg the right to use photographs of me, participating in this program, in its own promotional materials
5. I agree to accept and abide by the rules and regulations of the Town of Blacksburg Parks & Recreation Department.
6. I give my consent to allow a doctor to administer emergency treatment to me, or my child, if needed.
7. List any medical problems such as allergies, asthma, allergic reaction to bee stings, etc.
8. Can participant swim? (only if it pertains to program)

Signed _____ Date: _____